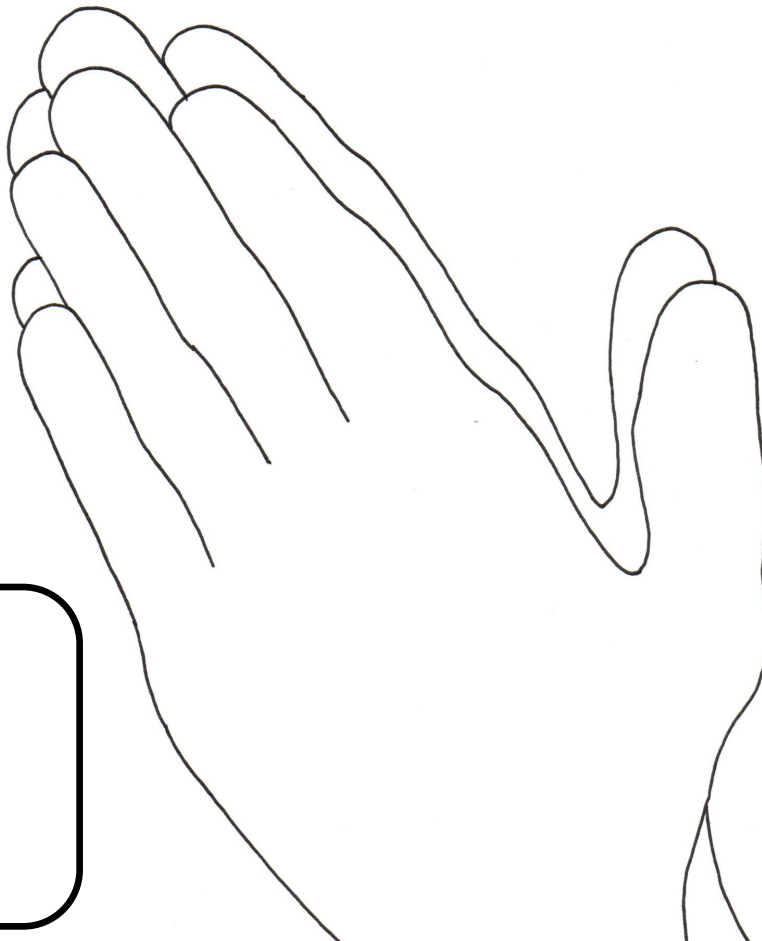


# Five Forms of Prayer

The Catechism teaches that there are **five forms of prayer**. Can you find them in the word bank below and circle them? Write one in each finger of the praying hands below.

Adoration	Complaining	Petition	Whining
Grumble	Intercession	Swinging	
Sleeping	Thinking	Jumping	Thanksgiving
Praise		Eating	Forgetting



Now say a prayer for each!