

Stations of the Cross

Station 14 Jesus is Placed in the Sepulcher

O Jesus, Your enemies triumphed when they sealed Your tomb. But Your eternal triumph began on Easter morning. Strengthen my good will to live for You until the divine life of my soul will be manifested in heaven.

Station 13 Jesus is Taken from the Cross

O Jesus, a sword of grief pierced Your Mother's heart when You were lying lifeless in her arms. Grant me through her intercession to lead the life of a loyal child of Mary, so that I may be received by her at my death.

Station 12 Jesus Dies on the Cross

O Jesus, dying on the Cross, you preached love and forgiveness. May I be thankful that You have made me a child of God. help me to forgive all who have injured me, so that I myself may obtain forgiveness.

Station 11 Jesus is Nailed to the Cross

O Jesus, how could I complain if nailed to God's commandments which are given for my salvation, when I see You nailed to the Cross! Strengthen my faith and increase my love for You. Help me keep the commandments.

Station 2 Jesus Bears His Cross

O Jesus, You have chosen to die the disgraceful death on the Cross. You have paid a high price for my redemption and the life of grace that was bestowed upon me. May I love you always and bear my crosses for Your sake.

Prayers for the Stations of the Cross

Before each station genuflect and say:

"We adore You, O Christ, and we bless You; because by Your holy Cross, You have redeemed the world."

Then meditate upon the scene before you for a few moments. Short prayers are included for each station.

Station 1 Jesus Is Condemned to Death

O Jesus, You desired to die for me that I may receive supernatural life, sanctifying grace, and become a child of God. How precious must be that life. Teach me to appreciate it more and help me never to lose it by sin.

Station 6
Jesus and Veronica

O Jesus, how graciously did You reward that courageous woman. When I side with You against sin and temptation, You surely will increase the beauty of my soul and fill me with joy and peace. Jesus, give me courage.

Station 7
Jesus Falls a Second Time

O Jesus, despite my good resolutions I have sinned repeatedly. But Your sufferings assure me of forgiveness if only I return to You with a contrite heart. I repent for having offended You. Help me to avoid sin in the future.

Station 8
Jesus Speaks to the Women

O Jesus, You told the women of Jerusalem to weep for their sins rather than for You. Make me weep for my sins which caused Your terrible sufferings and the loss of my friendship with You.

Station 9
Jesus Falls the Third Time

O Jesus, I see You bowed to the earth, enduring the pains of extreme exhaustion. Grant that I may never yield to despair in time of hardship and spiritual distress. Let me come to You for help and comfort.

Station 5
Jesus is Helped by Simon

O Jesus, Simon first reluctantly helped You to carry the Cross. Make me better understand the value of my sufferings which should lead me closer to You, as Simon was united with You through the Cross.

Station 4
Jesus Meets His Mother

O Jesus, Your afflicted Mother was resigned to Your Passion because she is my Mother also, and wants to see me live and die as a child of God. Grant me a tender love for You and Your holy Mother.

Station 3
Jesus Falls the First Time

O Jesus, Your painful fall under the Cross and Your quick rise teach me to repent and rise instantly should I ever be forgetful of your love and commit a mortal sin. Make me strong enough to conquer my wicked passion.

Station 10
Jesus is Stripped of His Garments

O Jesus, You permitted Yourself to be stripped of Your garments. Strip me of sin and clothe me with Your holiness. Grant that I may sacrifice all my unlawful attachments rather than imperil the divine life of my soul.